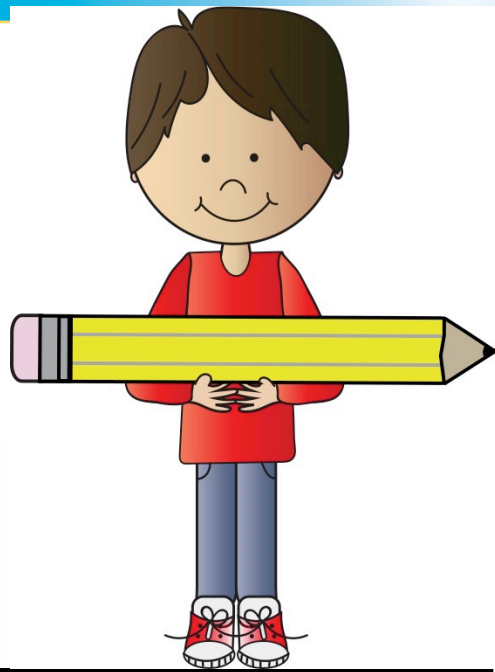
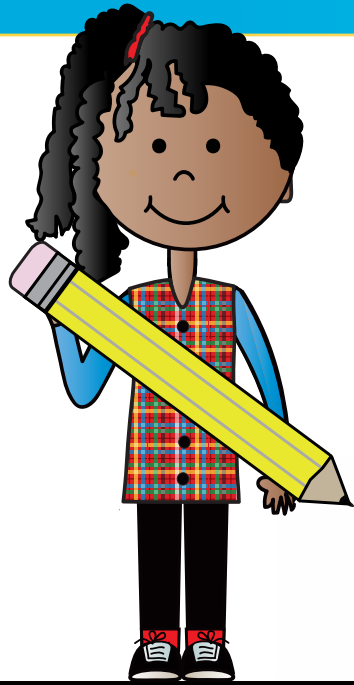


Pencil Warm-ups



Learn how to hold a
pencil with a
correct grasp!

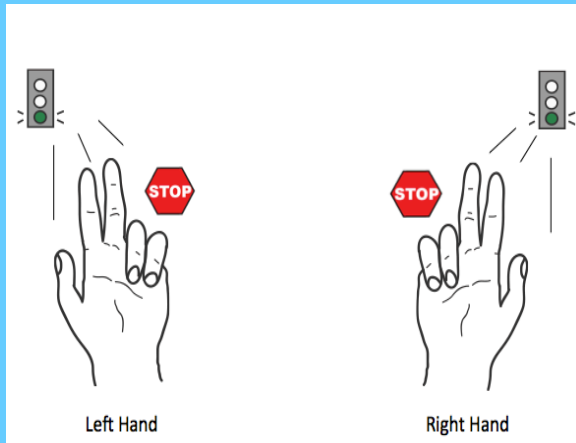
FREEBIE!



Jan McCleskey, MA, OTR

Eye Hand Coordination Activities to
go with the
TIP Grip Protocol for Pencil Grasp

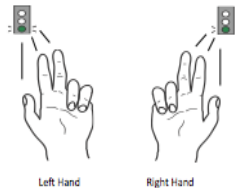
NEW!!! Training Handouts for How to Hold a Pencil! (with therapeutic adaptations for students with funky grasp patterns!)



Tip Grip Training Sheet for Students:

Tip grip video online at www.TheHandwritingClinic.com

1 Hold up your "go" fingers.



2 Put your "go" fingers on the rubber band. Your thumb should be "smiling"..

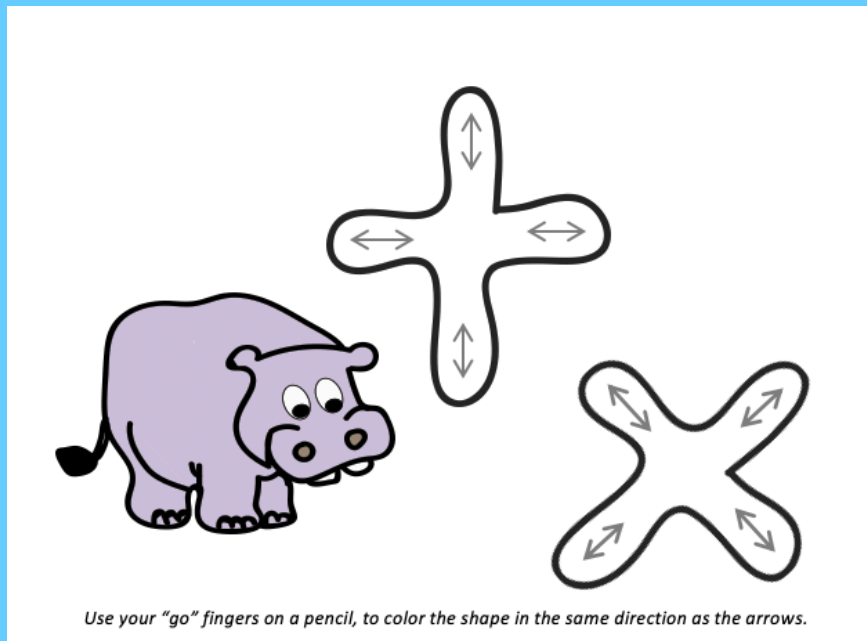


3 Put your "stop" fingers in the palm of your hand.

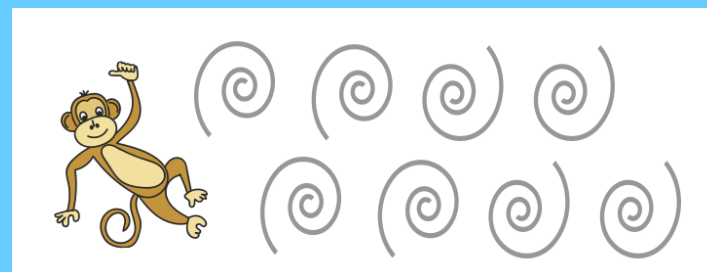


1. Put "stop" fingers in your palm (4th/5th fingers).
2. Hold pencil with "go" fingers (thumb, 2nd and 3rd fingers). Rest the pencil on the side of the 3rd finger.
3. Make the thumb "smile" and the pointer finger "frown" (make a circle with the thumb web space).
4. Place pencil at the "big" knuckle on the index finger.
5. Keep your thumb and pointer finger together with the fingernails being tip to tip.
6. Use your fingers, not your hand, to draw, write and color.

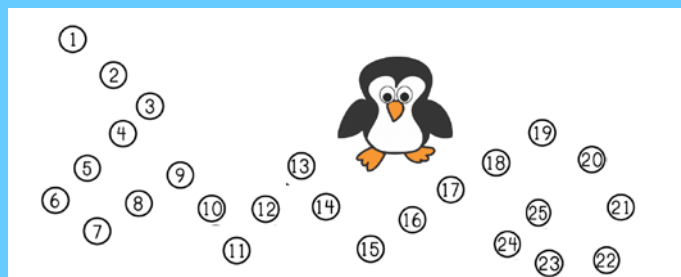
Color Power for Pencil control



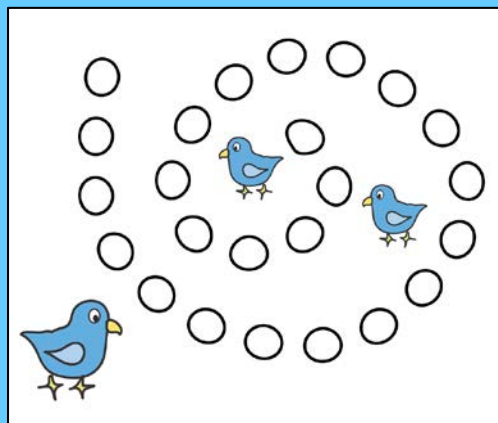
Pencil Power Activities



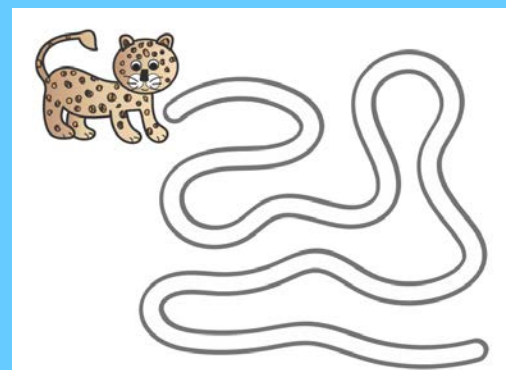
Punch Dot Activities



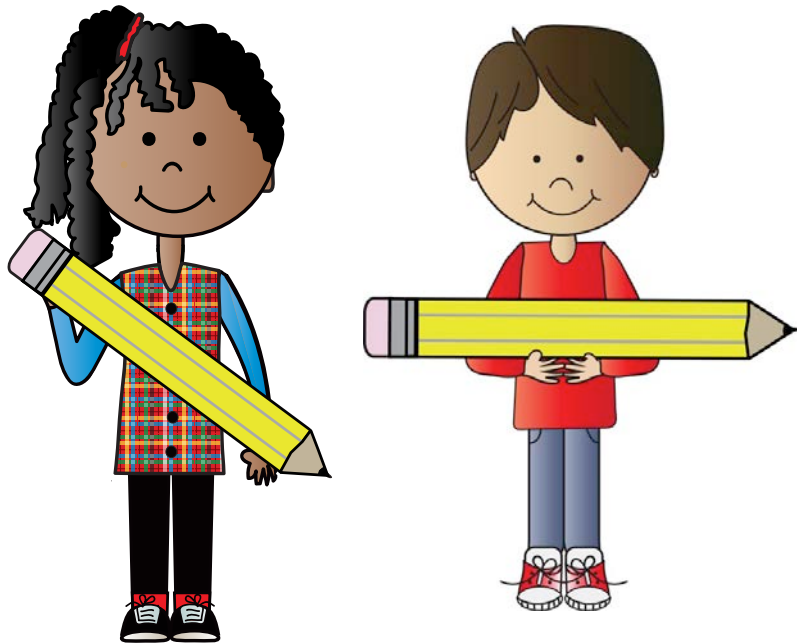
Small Dot Fine Motor Activities



Crazy Pencil Activities



This is a nice sample of fine motor activities to start a program for pencil control skills. More products can be purchased from The Fine Motor Store



- If you would like more activities for fine motor skills, please visit: The Fine Motor Store on Teachers Pay Teacher. The featured freebie on Jan's store is a training document that will supplement the activities in this program!
- 300+ fine motor products in The Fine Motor Store:

<https://www.teacherspayteachers.com/Store/The-Fine-Motor-Store>

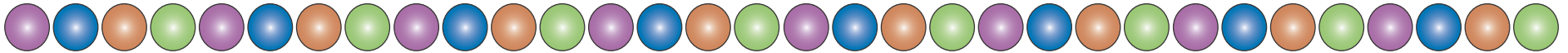
<https://www.teacherspayteachers.com/Store/The-Fine-Motor-Store>



Important information for the buyer:

Thank you for your download of FREE Coloring power activities for grasp development! I hope that you enjoy the activities!

Jan



You may:

- Use this product for personal and student use in your classroom.

Please do not:

- Copy this product for use by other professionals or parents unless for distance learning or direct homework or home programs for YOUR students.
- Give this item to other professionals, colleagues or friends. (They too can download for free!)
- Post this for a download by others (unless for distance learning for your own students.
- Copy any portion of this, including the curriculum ideas or clipart.

You may find more information from The Fine Motor Store by following The Fine Motor Store facebook page, or to follow my boards on Pinterest or Instagram.



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Coloring Power Labs- activities to promote manipulative pencil skills	p. 12 - 15
Pencil Power Activities	p. 17 – 21
Small Dot Fine Motor Activities	p. 21 – 24
Punch Dot Activities	p. 25 - 27
Crazy Pencil Activities	p. 28 - 30

All pages may be reproduced for individual use to make activities for student work. Permission is not granted to share the material in this product in digital format. Product is intended for individual use by the single owner of this product.

How to Hold a Pencil Training Handouts

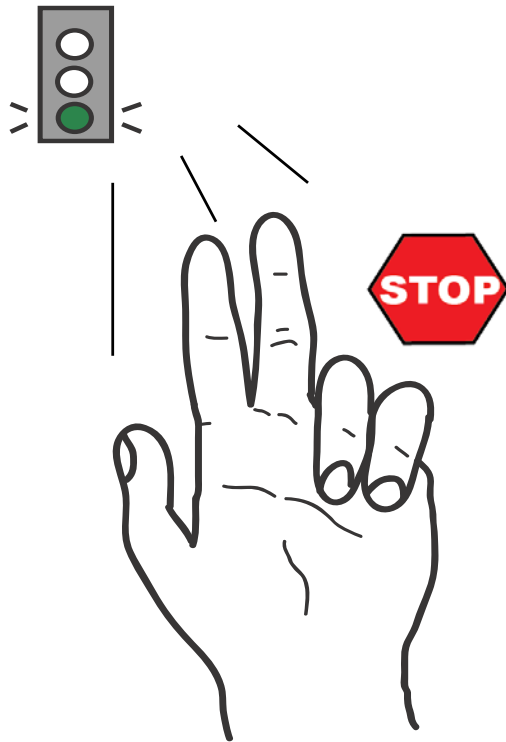
Please see the featured FREEBIE on The Fine Motor Store for a training article on grasp development. This file is to be used with the TIP grip to develop dynamic grasp on a pencil. If you need more fine motor activities, The Fine Motor Store on Teachers Pay Teachers has over 200 + fine motor files.

<https://www.teacherspayteachers.com/Store/The-Fine-Motor-Store>

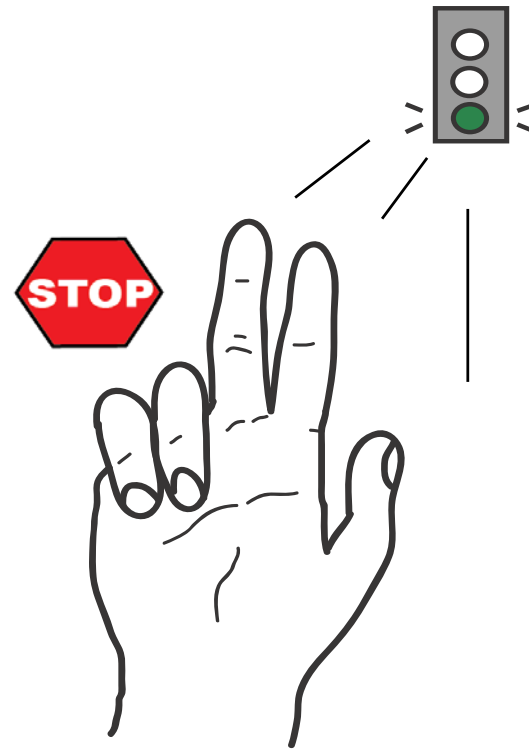
<https://www.teacherspayteachers.com/Store/The-Fine-Motor-Store>

Go fingers/Stop fingers

Use this chart to teach students how to form their “go” fingers and their “stop” fingers. “Go” fingers help manipulate tongs, scissors, crayons, pencils and other writing instruments. “Stop” fingers help keep the hand stable.



Left Hand



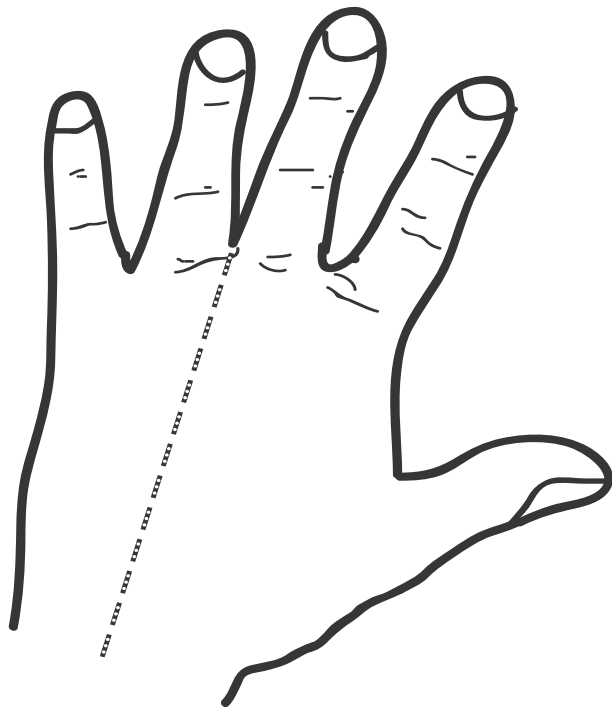
Right Hand

<https://www.teacherspayteachers.com/Store/The-Fine-Motor-Store>

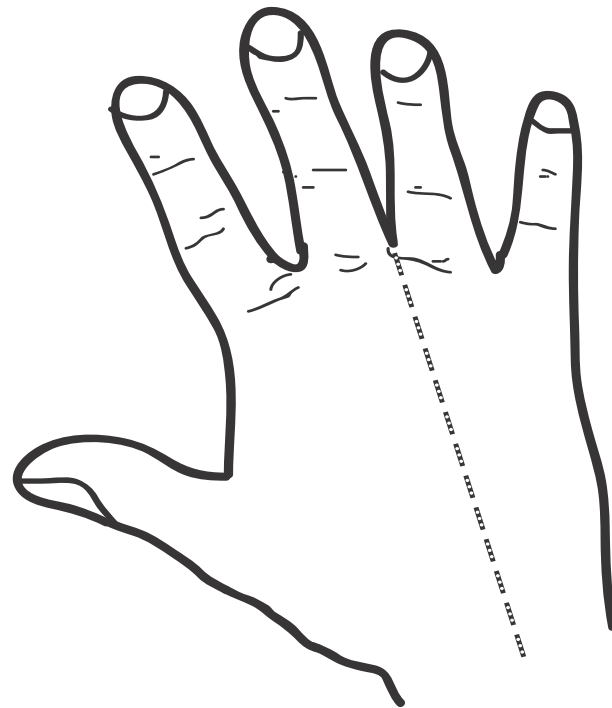
Copyright 2015: Jan McCleskey, MA, OTR The Handwriting Clinic/First Strokes Products

Go fingers/Stop fingers activity:

Color the thumb, index and third fingers green for “go” fingers. Color the 4th and 5th fingers red for “stop” fingers.



Left Hand



Right Hand

How to Hold a Pencil:



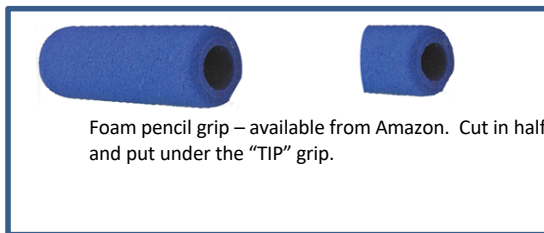
1. Put “stop” fingers in your palm (4th/5th fingers).
2. Hold pencil with “go” fingers (thumb, 2nd and 3rd fingers). Rest the pencil on the side of the 3rd finger.
3. Make the thumb “smile” and the pointer finger “frown” (make a circle with the thumb web space).
4. Place pencil at the “big” knuckle on the index finger.
5. Keep your thumb and pointer finger together with the fingernails being tip to tip.
6. Use your fingers, not your hand, to draw, write and color.

Tip Grip Training Sheet: (for instructors) – for PENCILS

For this file, the TIP grip may need to be placed on a crayon (see next page). This page is included as ultimately there should be a progress of skills to a pencil.

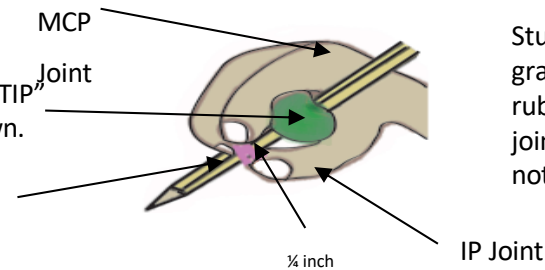
A video of how to adapt the The Pencil Grip is available at www.TheHandwritingClinic.com - look for the TIP Grip Protocol video.

A full article entitled Developing a Fine Motor Program for Classroom or Therapy is available as a featured download from The Fine Motor Store on www.TeachersPayTeachers.com. This article describes why the TIP grip allows for thumb flexion and discusses changing grasp in children.

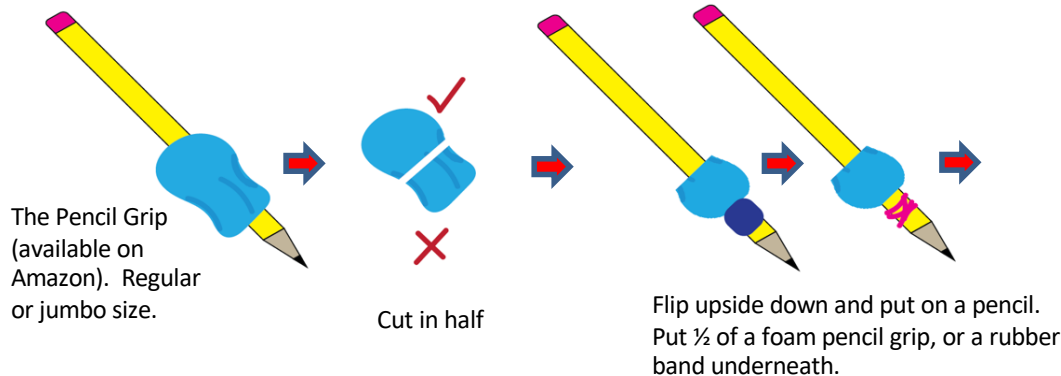


Round part of the “TIP” grip is pointing down.

Rubber band (or half of a foam pencil grip) is one inch from tip, and grip is $\frac{1}{4}$ inch above rubber band.



Student uses a tripod grasp to hold the rubber band. Thumb IP joint is in flexion (bent, not straight).



Student holds UNDER the TIP grip. The pencil shaft should touch the MCP joint (big knuckle), not pull away. The TIP grip will allow thumb flexion and encourage a tripod grasp.

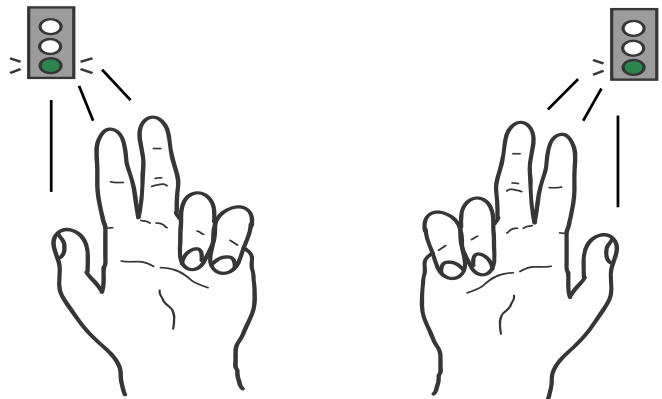
Full credit is given to The Pencil Grip company for sale and name of this grip. When describing the therapeutic procedure of adapting The Pencil Grip to encourage increased thumb flexion of the last joint of the thumb (thumb IP joint), The Handwriting Clinic/Jan McCleskey, MA, OTR uses the term “TIP grip protocol” for “thumb interphalangeal grip protocol”. A person cannot buy a “TIP Grip” – they can only purchase The Pencil Grip and adapt to follow a protocol developed by The Handwriting Clinic to promote thumb flexion.

Tip Grip Training Sheet for Students:

Tip grip video online at www.TheHandwritingClinic.com

1

Hold up your “go” fingers.

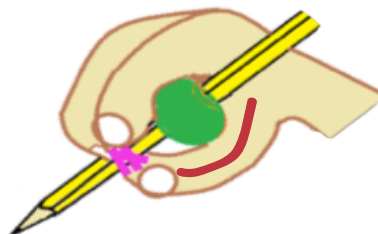


Left Hand

Right Hand

2

Put your “go” fingers on the rubber band. Your thumb should be “smiling”..



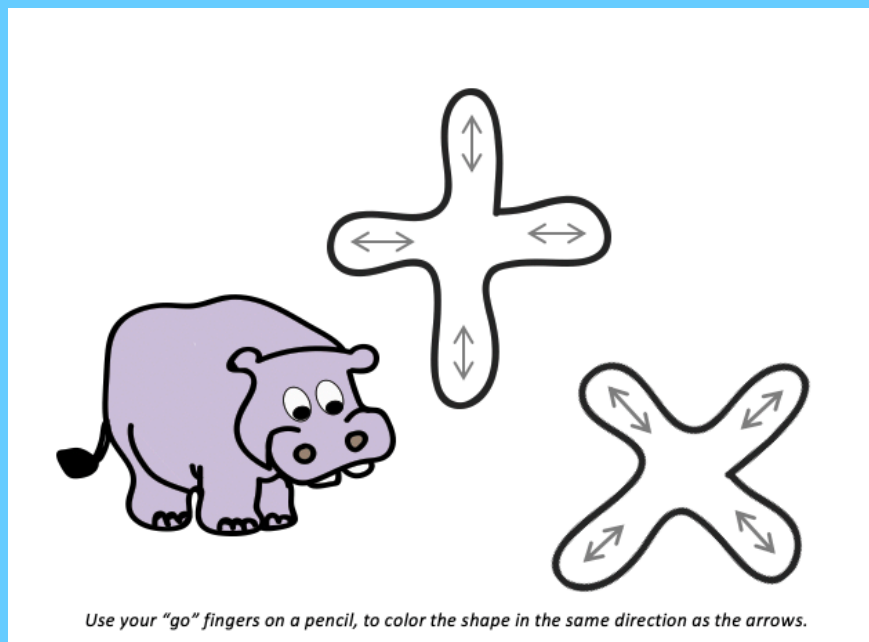
3

Put your “stop” fingers in the palm of your hand.



DIRECTIONS: COLORING POWER LABS

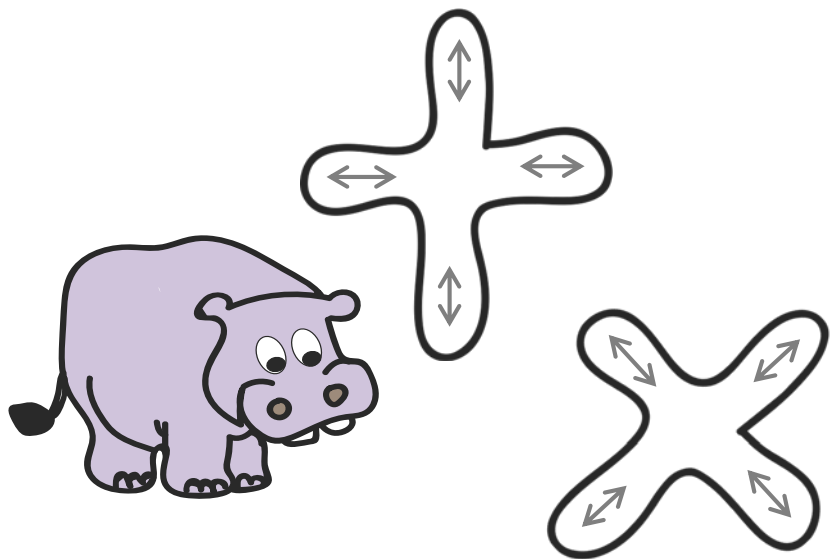
4 of the same printable clip art per page. Print and cut into ¼ for fast fine motor labs. Use pencil to color with correct tripod grasp. Teach the student to change direction using isolated finger movement within a tripod grasp.



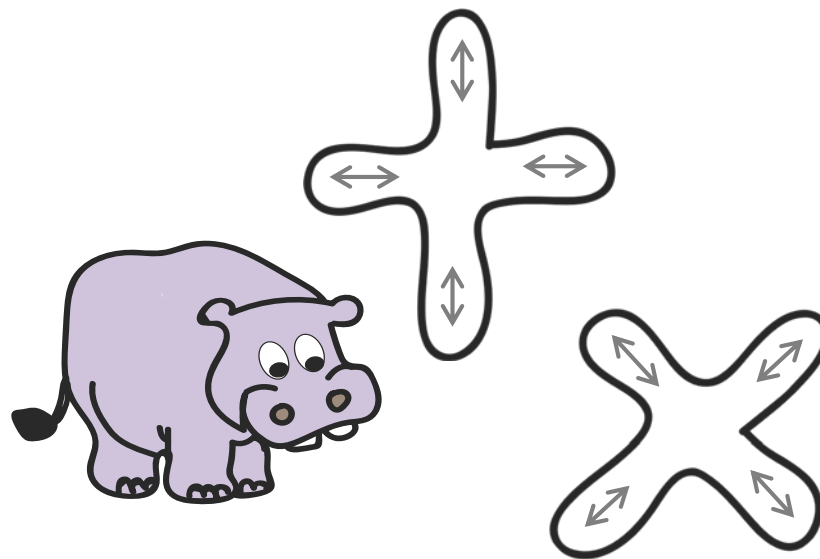
This is a sample of the "Coloring Power" files in The Fine Motor Store on Teachers Pay Teachers. More files can be purchased in The Fine Motor Store. Search for fine motor kits, fine motor files, or "coloring power" files in The Fine Motor Store. The featured download in The Fine Motor Store has more training files on fine motor skills and pencil grasp development.

<https://www.teacherspayteachers.com/Store/The-Fine-Motor-Store>

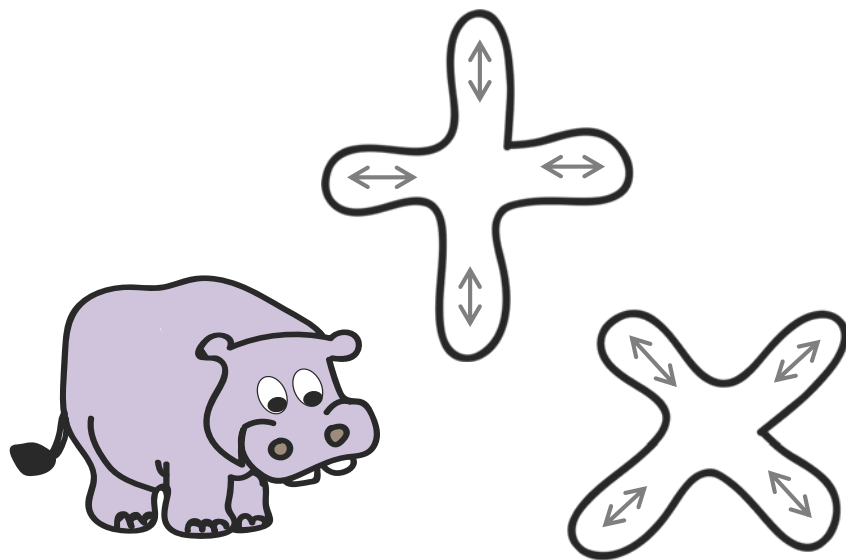
Copyright 2015 Jan McCleskey, MA, OTR Teachers Pay Teachers / The Handwriting Clinic™ - Plano, Tx



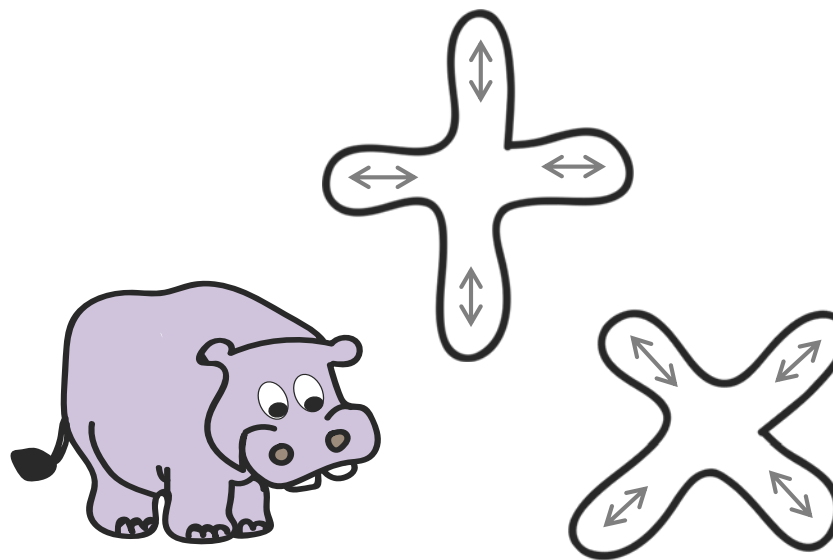
Use your "go" fingers on a pencil, to color the shape in the same direction as the arrows.



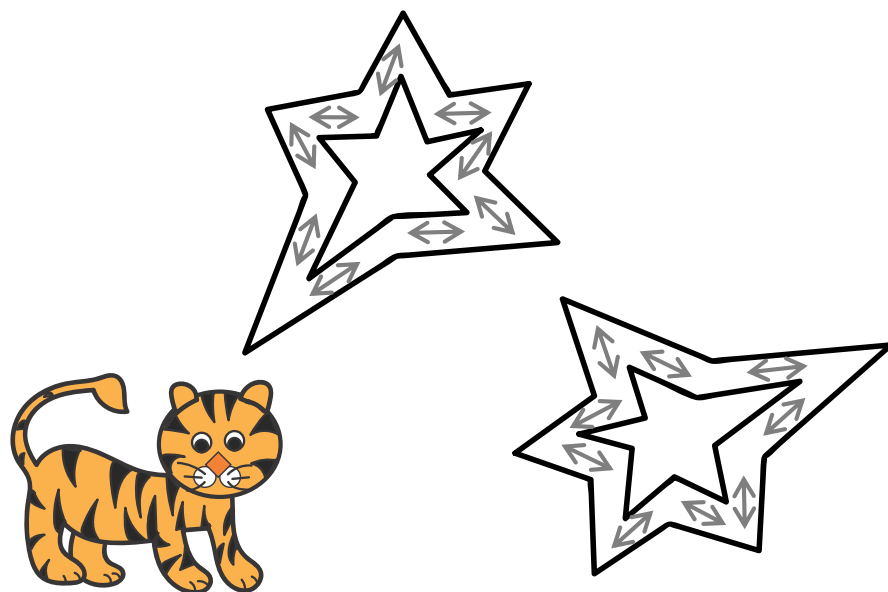
Use your "go" fingers on a pencil, to color the shape in the same direction as the arrows.



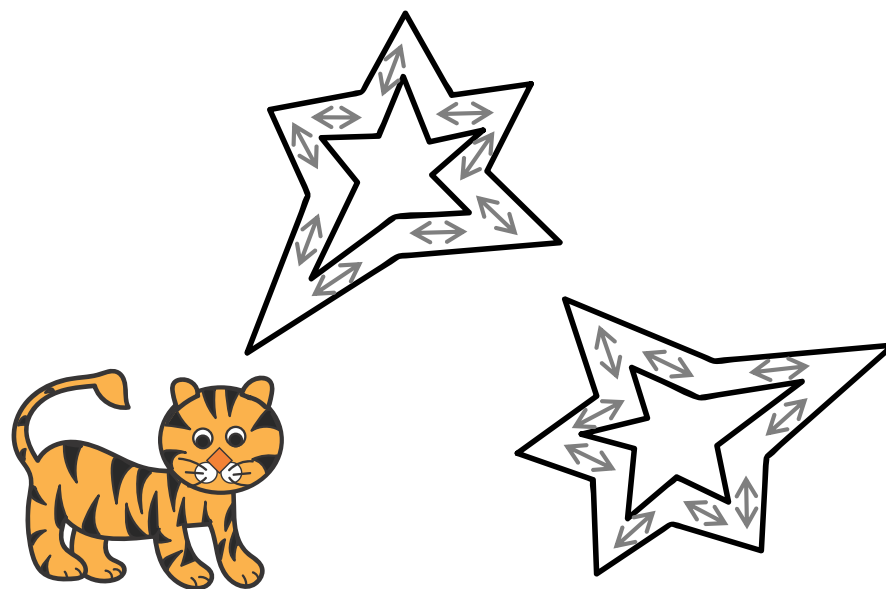
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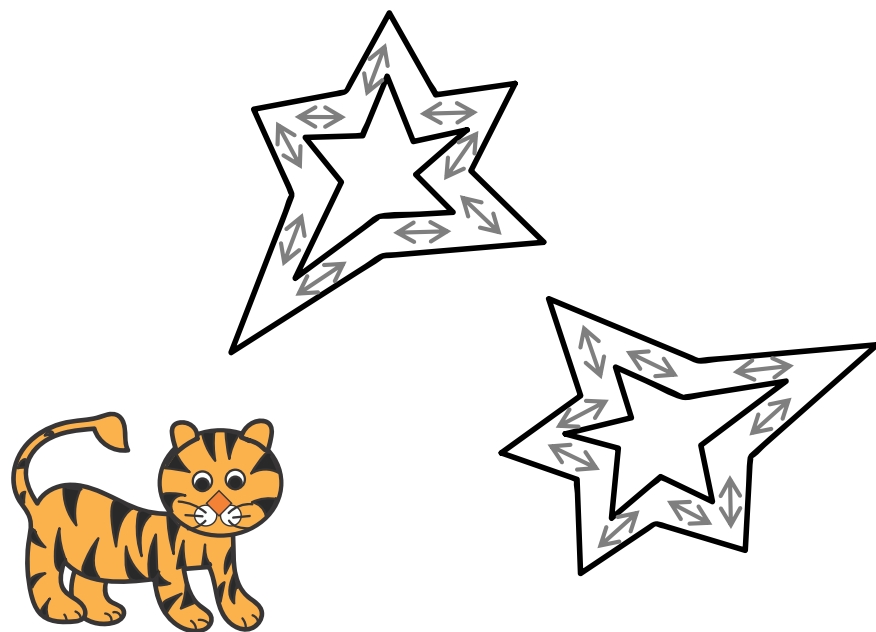
Use your "go" fingers on a pencil, to color the shape in the same direction as the arrows.



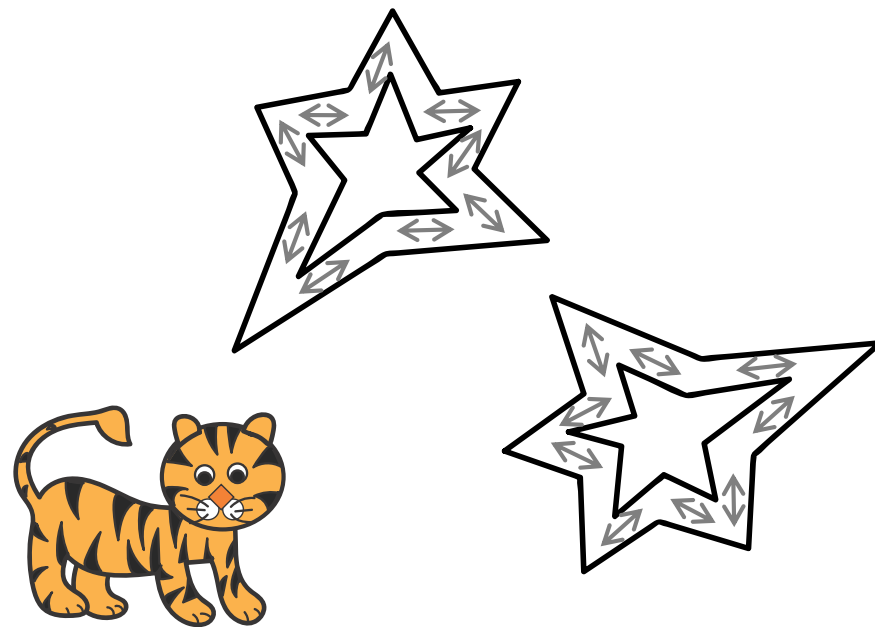
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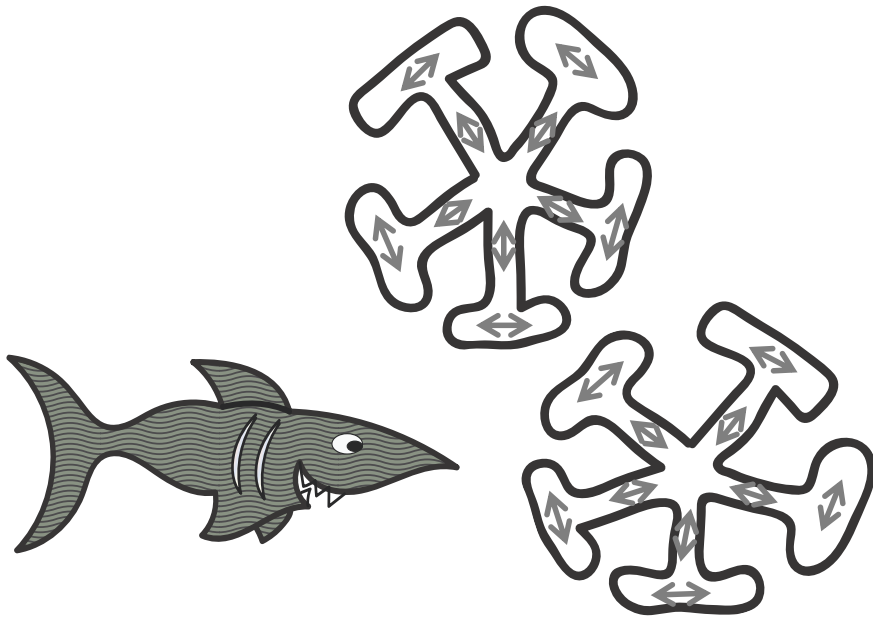
Use your "go" fingers on a pencil, to color the shape in the same direction as the arrows.



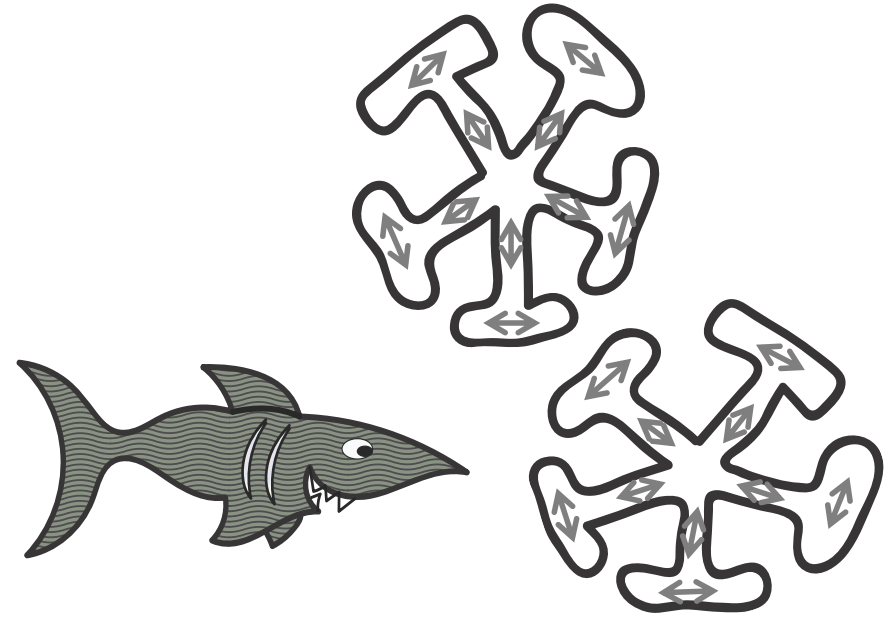
Use your "go" fingers on a pencil, to color the shape in the same direction as the arrows.



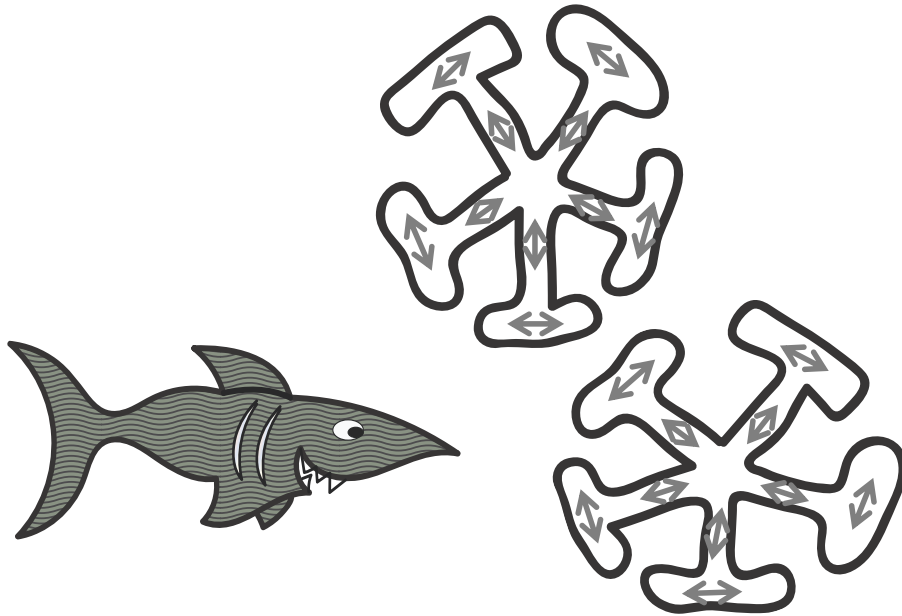
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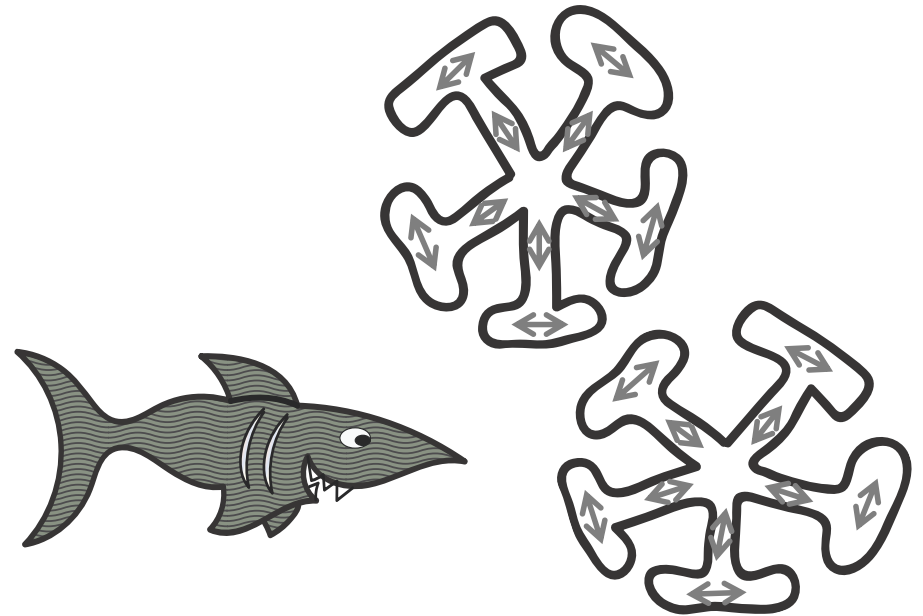
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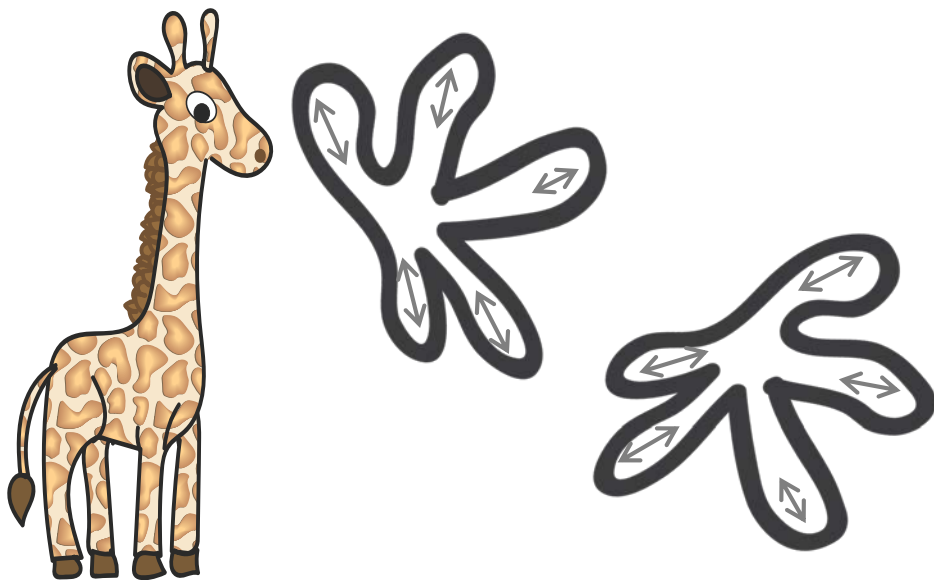
Use your "go" fingers on a pencil, to color the shape in the same direction as the arrows.



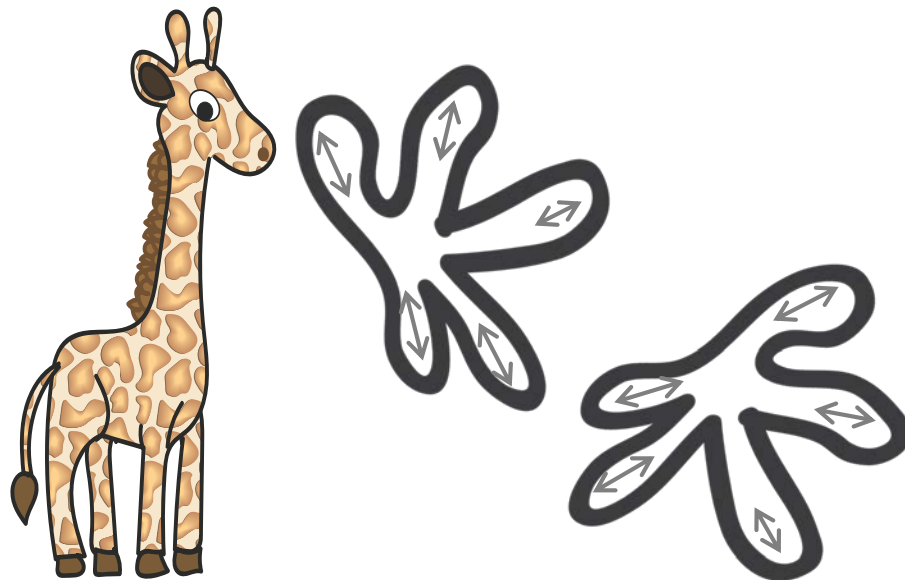
Use your "go" fingers on a pencil, to color the shape in the same direction as the arrows.



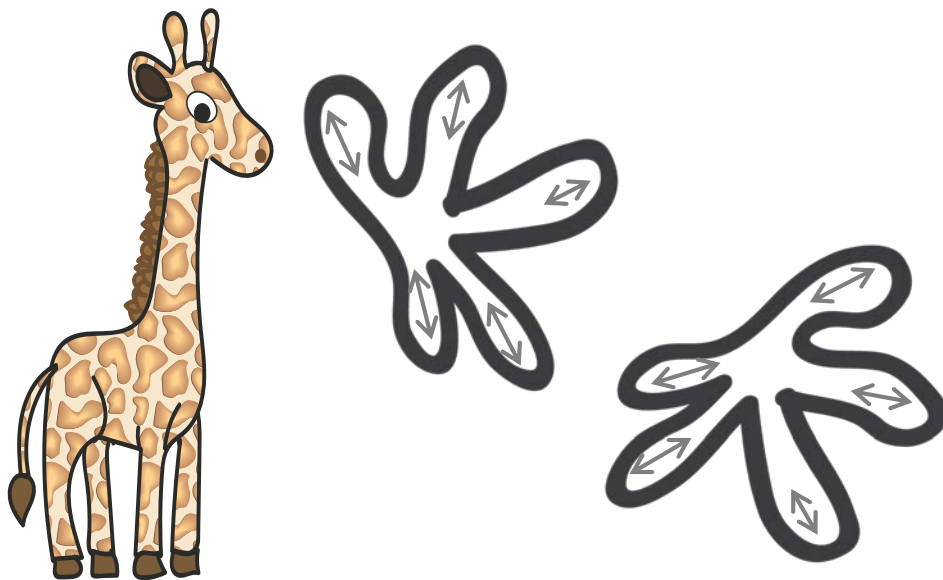
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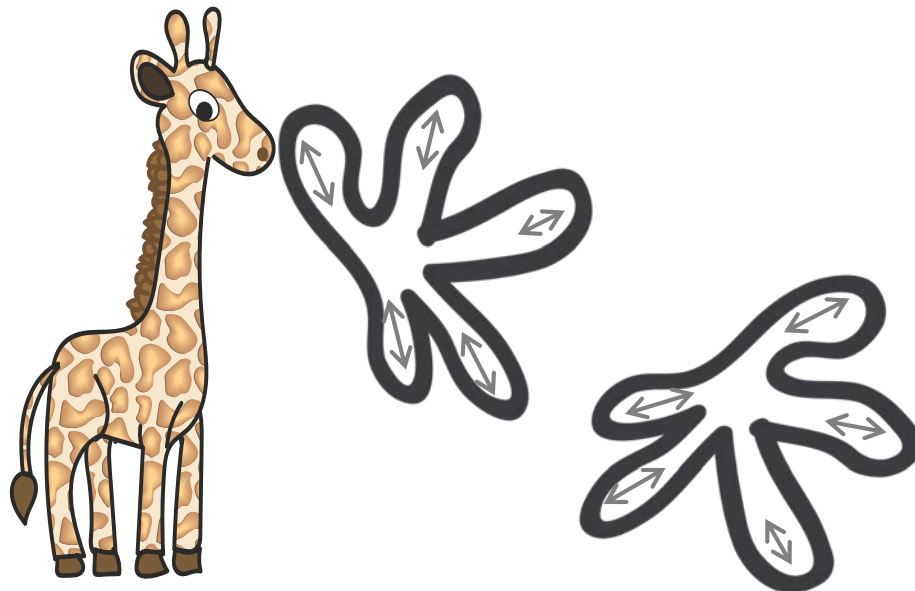
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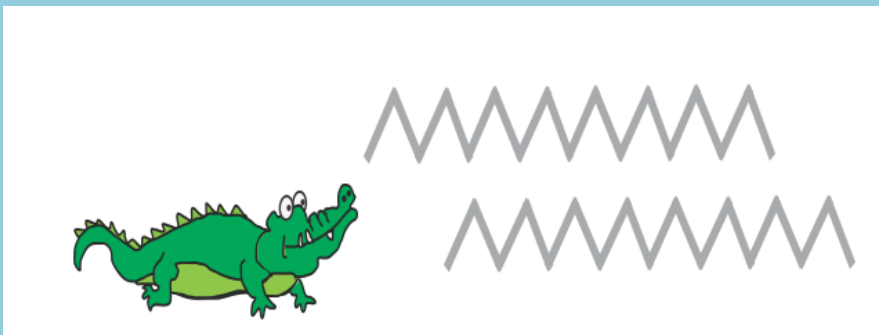


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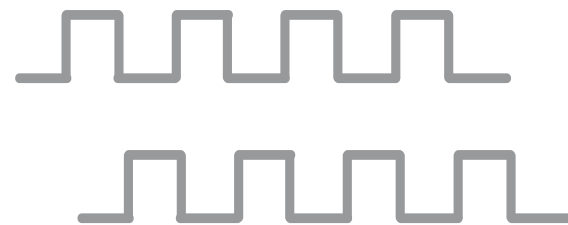
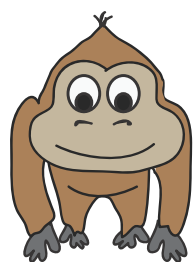
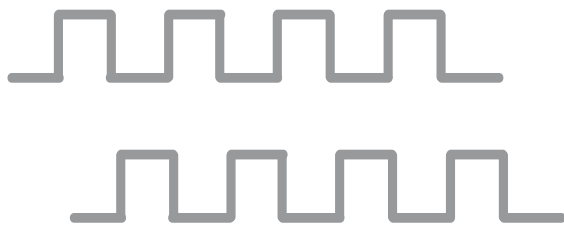
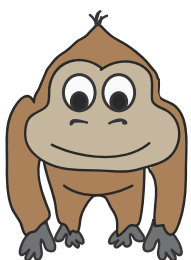
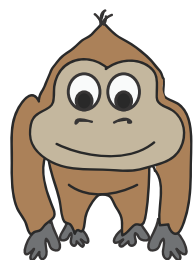
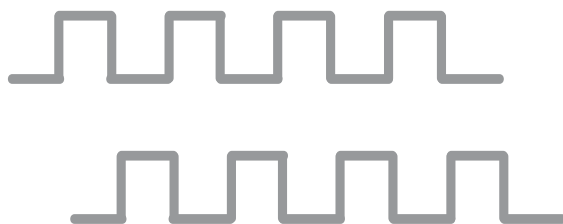
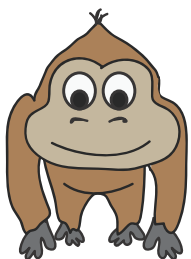
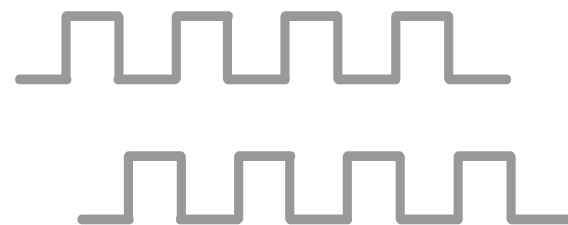
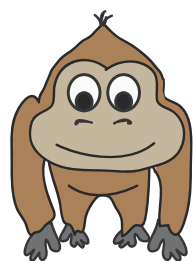
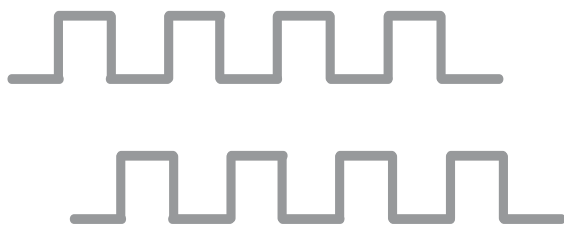
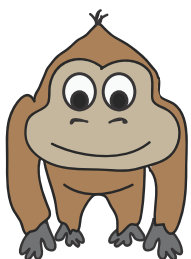
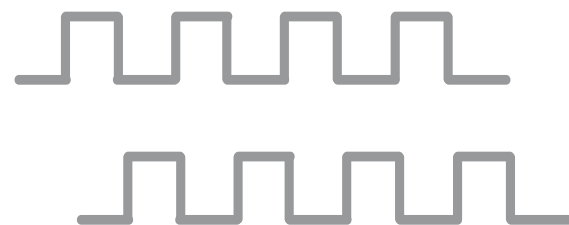
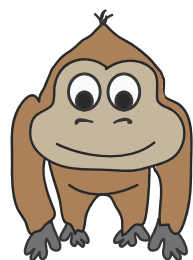
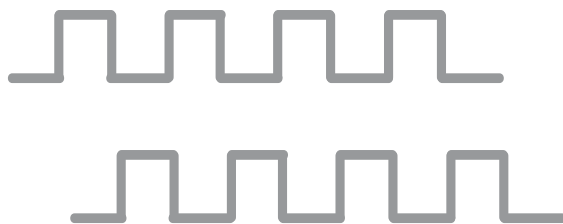
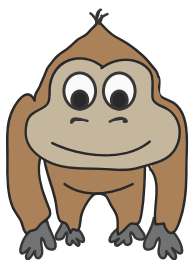
DIRECTIONS:

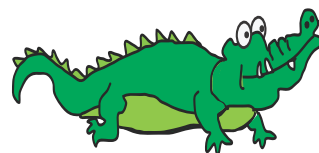
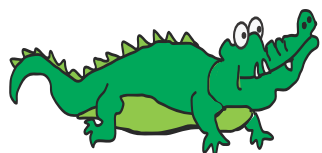
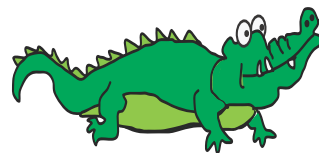
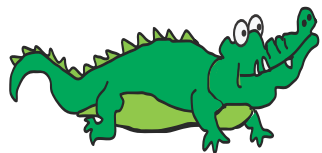
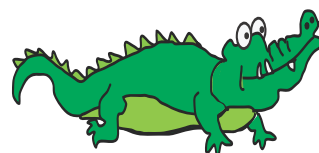
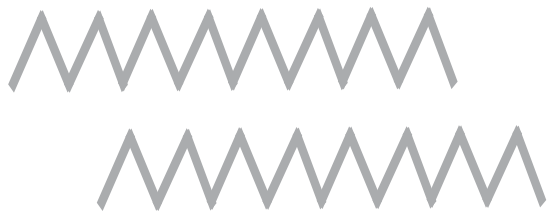
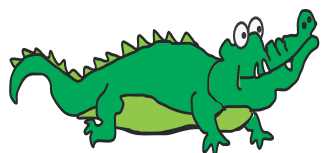
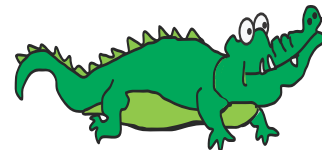
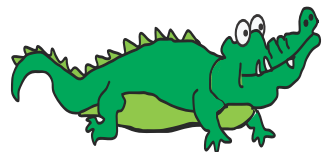
PENCIL POWER ADVANCED TRACING LABS!

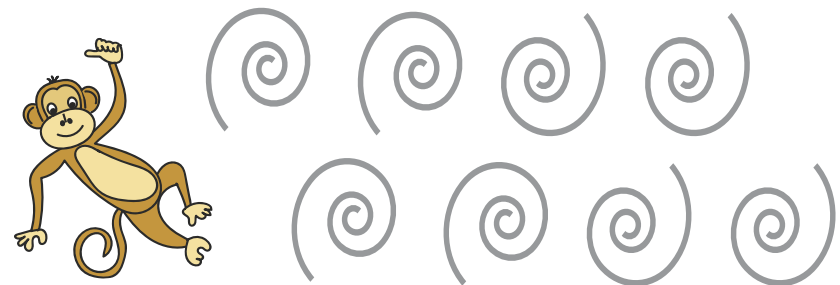
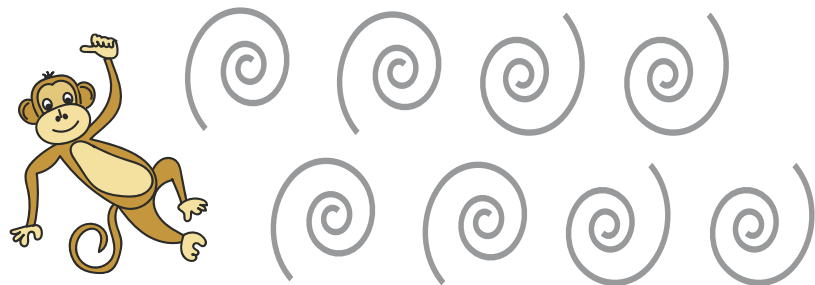
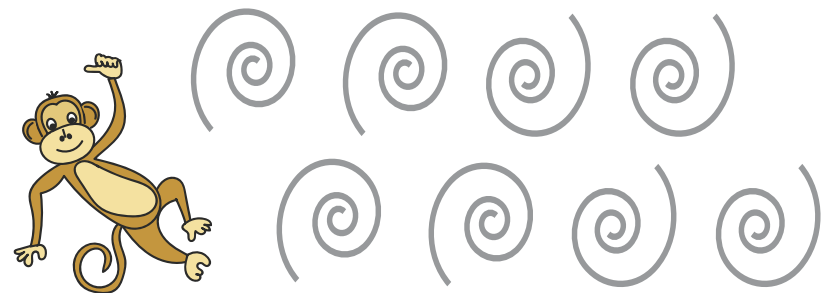
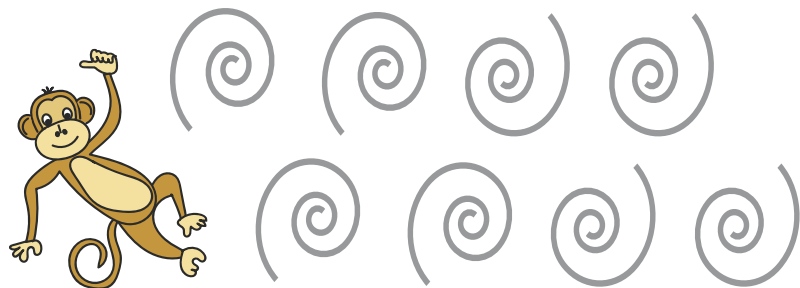
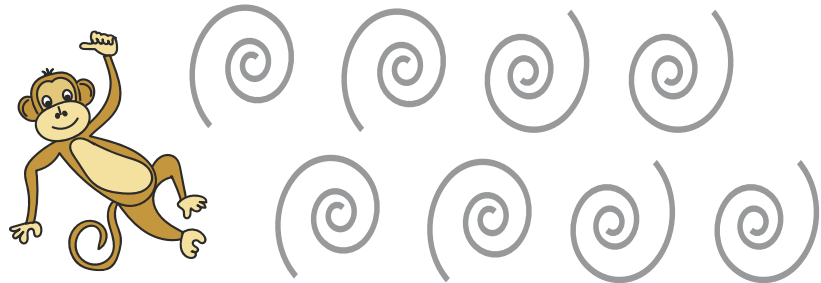
8 of the same printable clip art per page. Print and cut into ¼ for fine motor labs. Use pencil to trace. 20 activities.

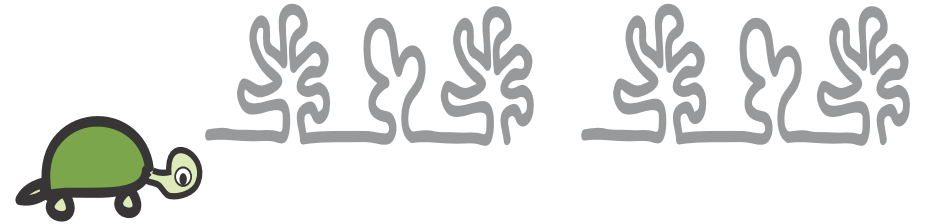


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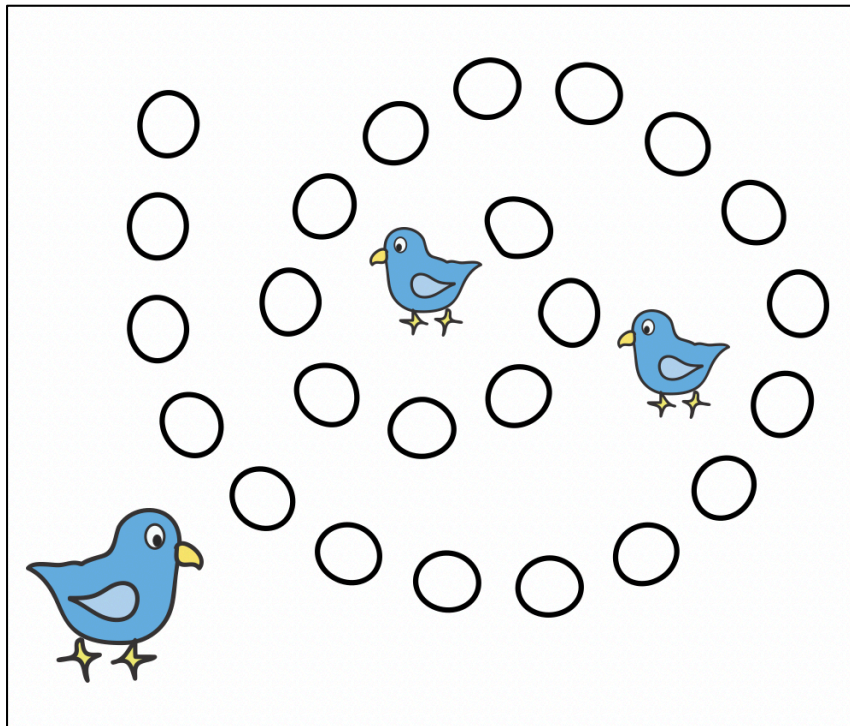








Small Dot Fine Motor Activities



Activity 1: Punch with a puncher/golf tee over craft foam.

Activity 2: Paint by dotting with a Q-tip

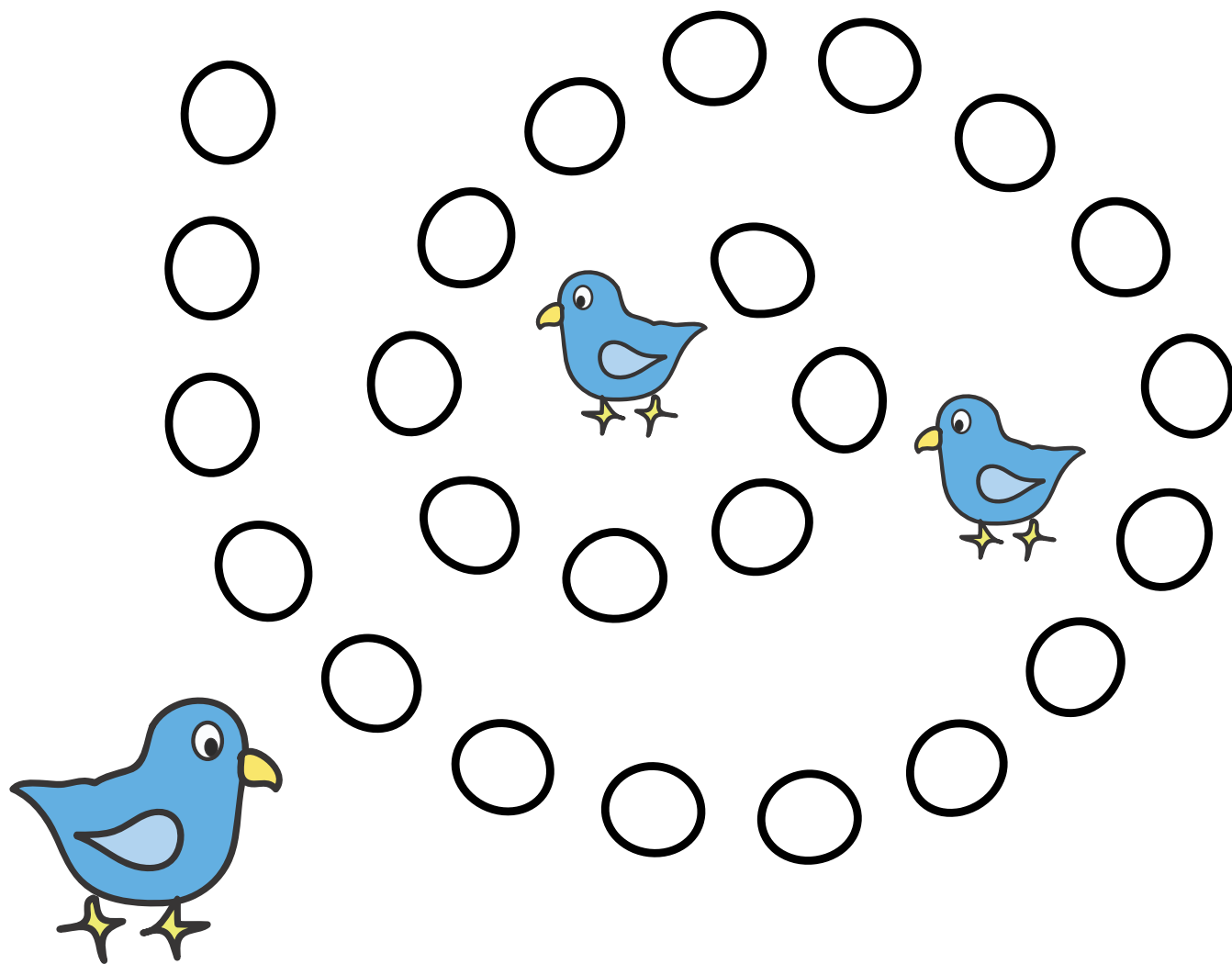
Activity 3: Color with a crayon – practicing coloring in a circular pattern using isolated finger movement.

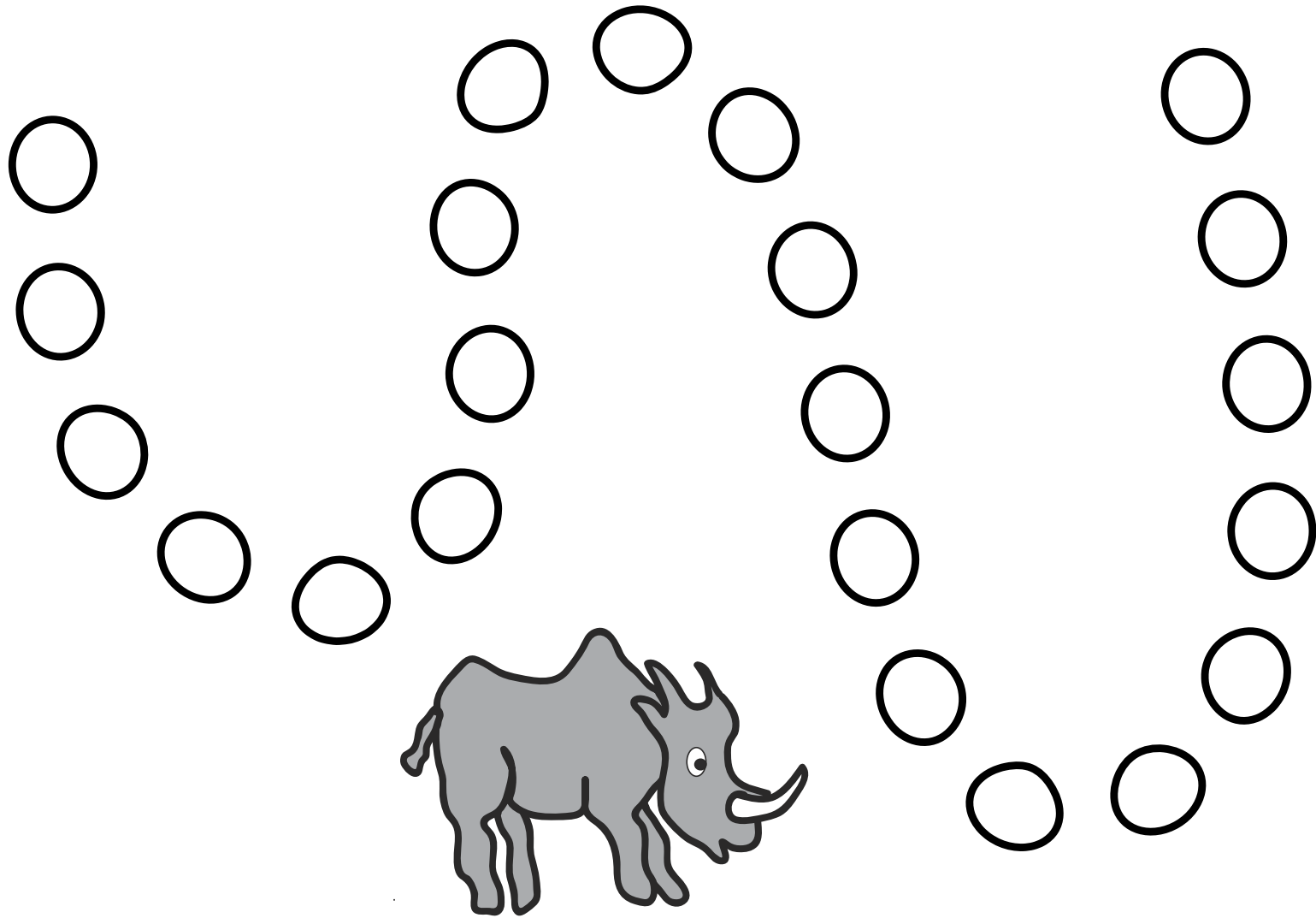
Work on visual scanning for worksheets and for counting in a random pattern.

*** (directions for adapting for students with TIP grip for a built up grasp included)

**More Fine Motor “Circle dot” Files
available on TPT in Jan McCleskey MA
OTR – The Fine Motor Store**

<https://www.teacherspayteachers.com/Store/The-Fine-Motor-Store>



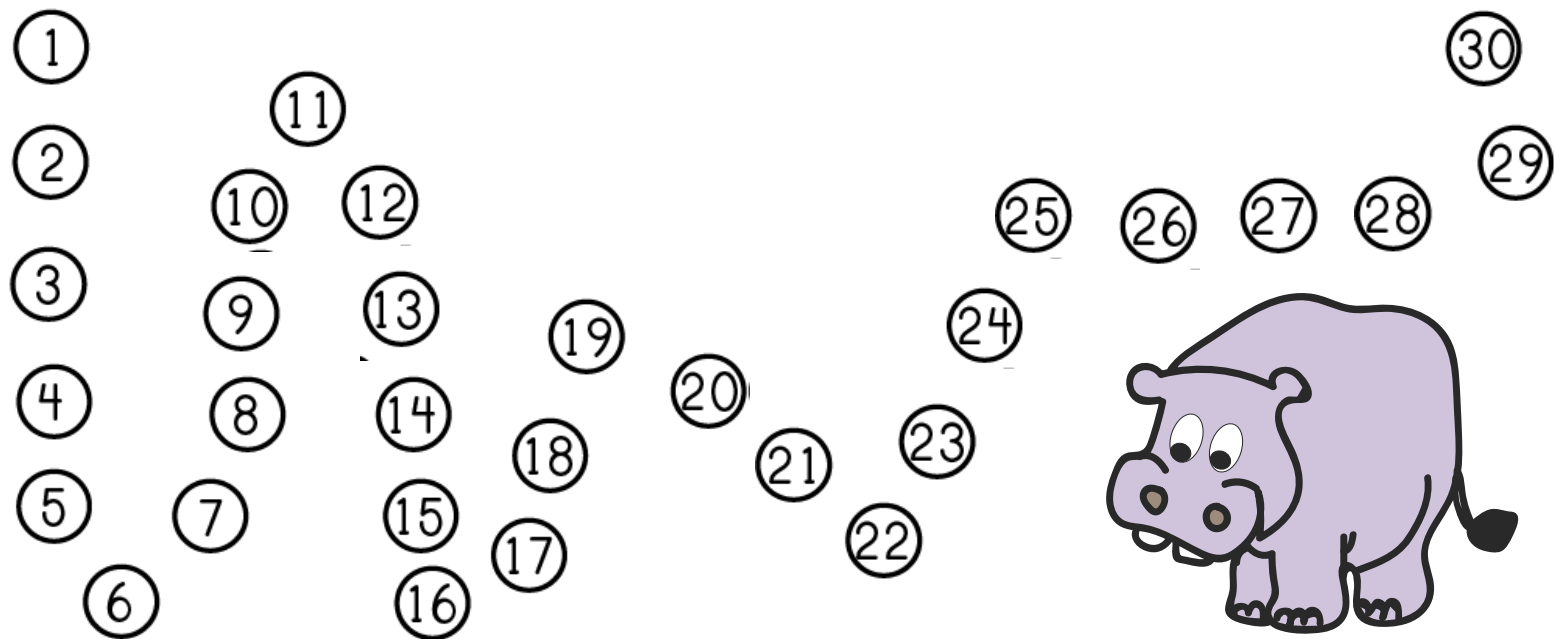
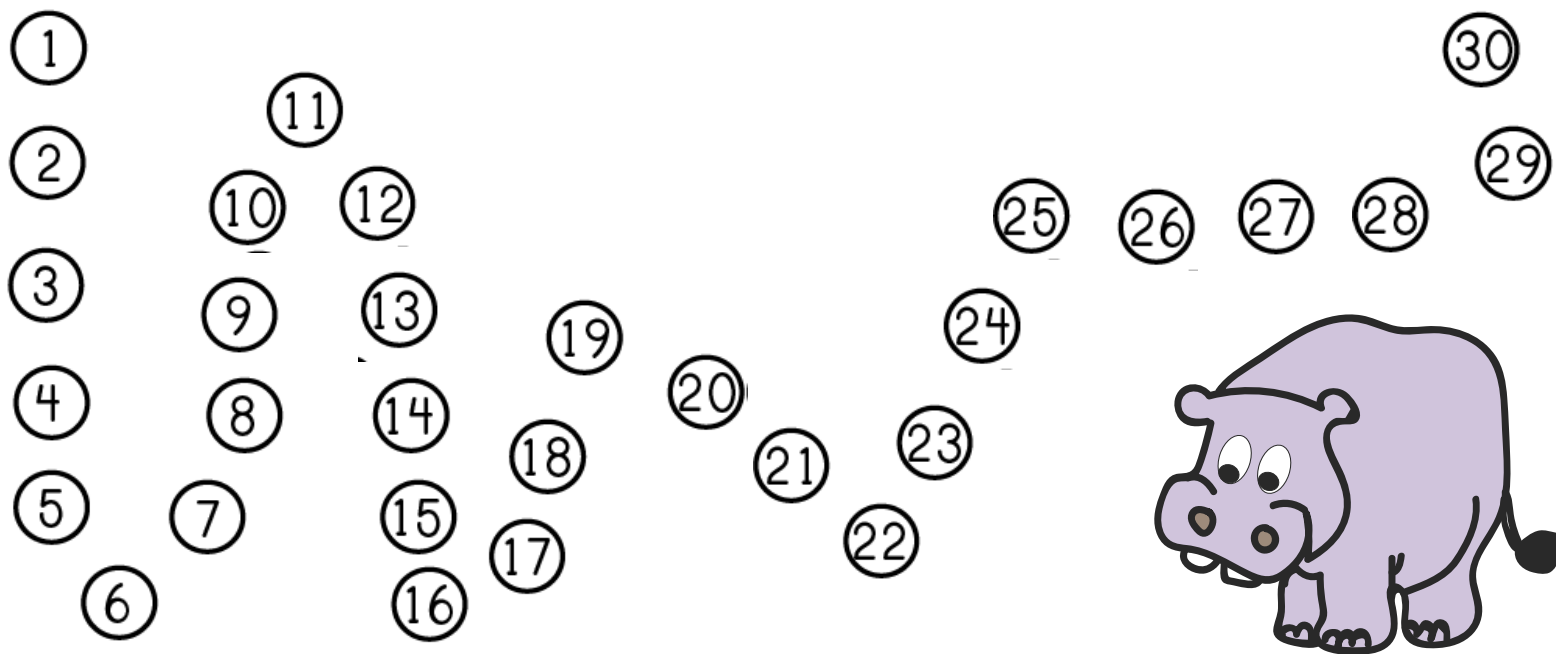


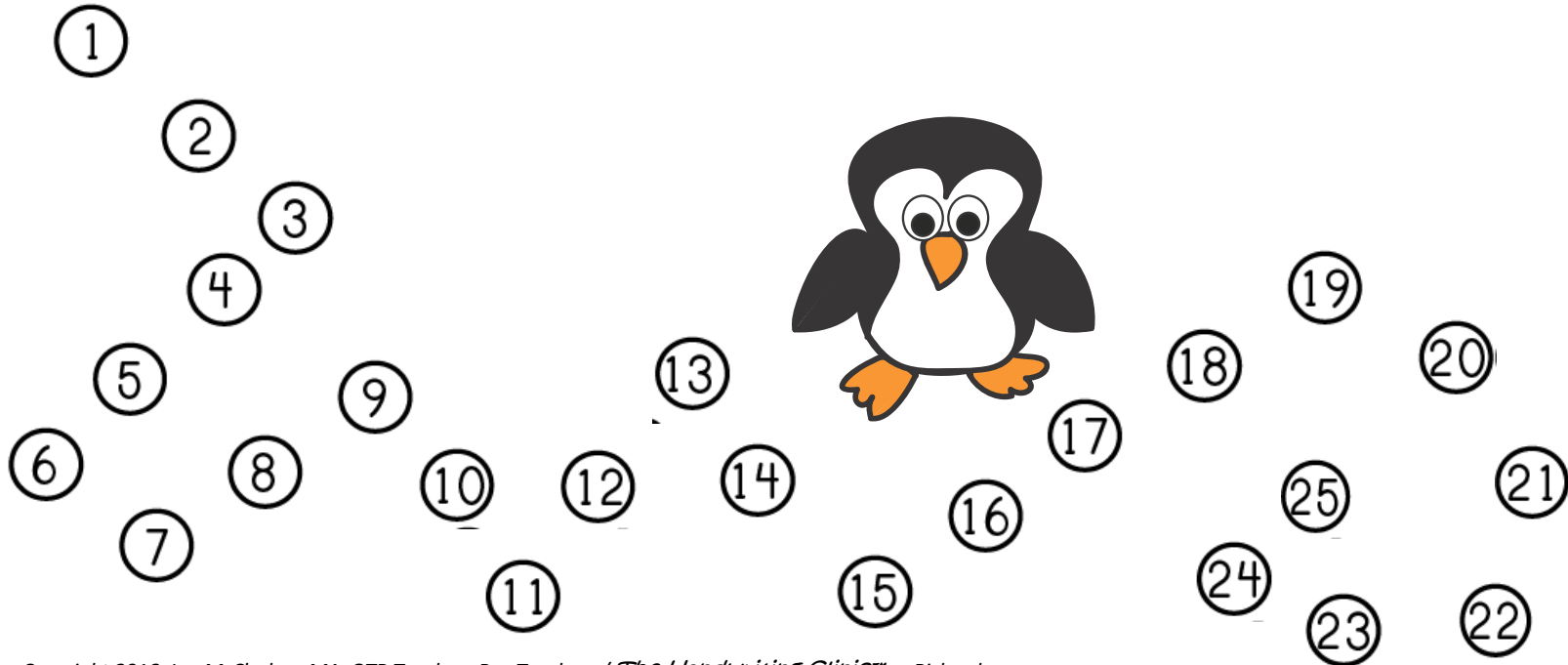
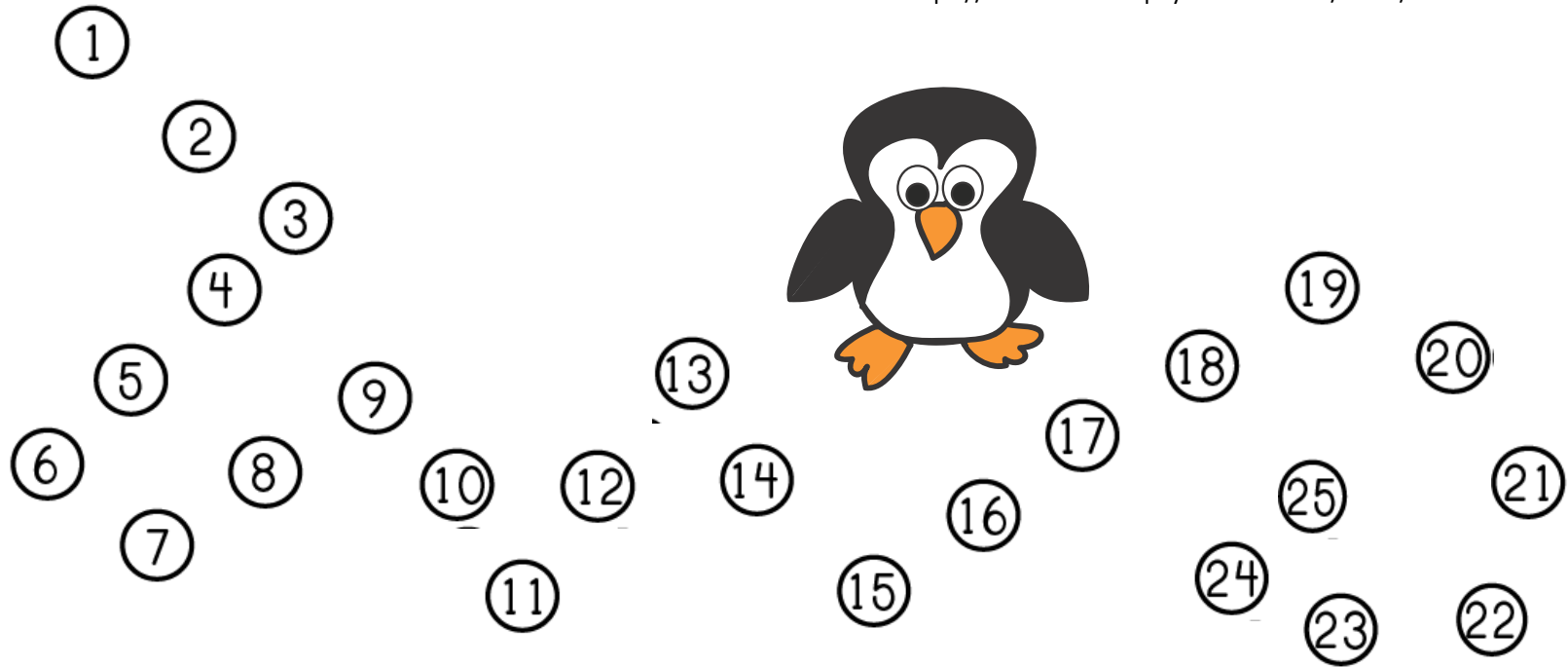
Number and Alphabet Sequence Punch Dots

Punch with a puncher or color with a pencil using a dynamic grasp

<https://www.teacherspayteachers.com/Store/The-Fine-Motor-Store>

Similar files are available in different themes, in Jan's store. Search for "punch dot" or "number and alphabet sequenced punch dot" files in The Fine Motor Store

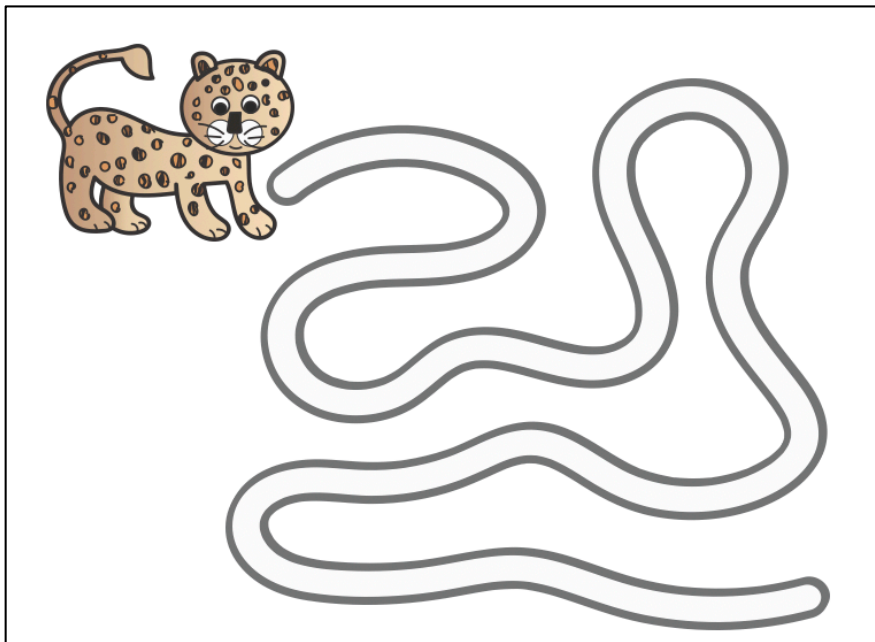




DIRECTIONS: Crazy Pencil Labs

Print and either tape to the desktop, or hold. Student should place hand below the area and color with a tripod grasp. Teach the student to change direction when coloring, using isolated finger movement.

Use pencil to color – teaches how to control a pencil and change direction. Try to have the student to color, not trace.



This is a sample of the "Crazy Pencil" files in The Fine Motor Store on Teachers Pay Teachers. More files can be purchased in The Fine Motor Store. Search for fine motor kits, fine motor files, or "Crazy Pencil" files in The Fine Motor Store. The featured download in The Fine Motor Store has more training files on fine motor skills and pencil grasp development.

